

Capital Area School of Practical Nursing
Class 101- Practical Nurse Clinical I Syllabus

First quarter clinical consists of each student having of * two site rotations for a total of 84 hours. The instructor student ratio is 1:10 or less.

Clinical Objectives:

- A. Utilize critical thinking in applying the nursing process when caring for assigned patients in long term and acute care settings.
 - 1. Perform a psychosocial and physical assessment daily.
 - a. Perform at least **one** physical assessment with clinical instructor during each six day rotation.
 - b. Complete and submit a minimum of **one** written physical assessment to instructor during each six day rotation.
 - 2. Gather pertinent information to meet the needs of assigned patients.
 - a. Review chart/kardex
 - b. Patient/family interview as needed
 - c. Obtain report/communicate with nurse and other health care members
 - d. Review plan of care
 - 3. Administer safe, effective nursing care to assigned patients
 - a. Establish priorities of care
 - b. Assist with hygiene
 - c. Assist and monitor nutrition
 - d. Participate in patient teaching
 - e. Perform appropriate nursing interventions
 - f. Begin to verbalize understanding of medications purpose, action, side effects, nursing implications and methods of determining effectiveness.

4. Utilize principles of effective communication
 - a. Verbal and nonverbal
 1. Patient/family
 2. All members of health care team
 - b. Documentation per agency and instructor guidelines.
Narrative documentation and skills are a focus.
 - c. Communicate with the health care team and clinical instructor regarding nursing care, interventions and changes in patient's status.
 5. Complete/Evaluate plan of care, completing a minimum of **one** written plan of care for **each six day** rotation
- B. Function as a member of the health care team
1. Utilize principles of safety of patient care
 2. Demonstrate non-judgemental/respectful attitude
 3. Demonstrate compassion in caring for families experiencing impaired biological, psychological and social functioning
 4. Identify legal/ethical role of practical nurse
 5. Practice within scope and limitations of CASPN, clinical agency and Illinois Nurse Practice Act
 - a. Appearance/grooming as stated in Student Handbook
 - b. Maintain confidentiality
 6. **Actively** participate in pre and post conference
 7. Maintain portfolio documentation i.e. written plan of care, written physical assessment, clinical case presentations, etc. *This is the student's responsibility and will be expected in Q4.*
 8. **Complete self evaluation** and goals for self improvement related to clinical performance to receive a satisfactory for clinical.
 9. ** All students must meet the recommended criteria of each clinical site utilized by the program prior to clinical.

First Quarter Skills:

- **Bed bath and complete hygiene**
- **Unoccupied and occupied bedmaking**
- **Assisting with feeding**
- **Positioning**
- **Passive Range of Motion**
- **Transferring to wheelchair or stretcher**
- **Assisting with bedpan**
- **Obtaining urine specimen from indwelling catheter**
- **Obtaining midstream urine specimen**
- **Removing an indwelling catheter**
- **Measuring and documenting Intake and Output**
- **Administering an enema**
- **Applying antiembolism stockings**
- **Administering oxygen**
- **Vital Signs**
- **Physical examination/neurologic check**
- **Performing capillary blood glucose**
- **Removing saline lock (needs to be validated by instructor)**

Student Responsibilities:

To review the CASPN student handbook paying particular attention to pages 24 and 25 regarding clinical standards and dress code in the clinical area. Students are to call Capital Area School of Practical Nursing, as well as the, clinical setting if they will be absent (refer to the handbook). Cell phones should not be brought into the clinical facility. Students are to follow parking regulations students are not to call CASPN from clinical regarding school closings. Students will abide by the policies and procedures of each clinical facility and observe the regulations regarding patient safety and welfare. If a question or problem arises concerning a patient, agency, staff or other students, it is the responsibility of the student to seek guidance from their primary resource, the clinical instructor.

*As explained in orientation, you may have days, afternoons, or evening clinicals and you may have to drive to Springfield area communities. We do try to accommodate those students who live in the outlying areas or volunteers before we assign.

** It will be your responsibility to meet these requirements on your own time. 6/08